

studies from
EPHESIANS

~Sermon Notes~

Walking in Submission
Ephesians 5:15-33

life groups
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(Life Group questions begin on next page)

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~Life Group Questions~
Walk in Hope
Ephesians 4:1

1. Is there anything that particularly caught your attention, confused or challenged you as a result of hearing Sunday's sermon?
2. What do we learn about God's nature from Ephesians 1:3?

Ephesians 1:3

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ...

3. Chapters 1-3 of Ephesians serve as a catalogue of the blessing with which God has blessed us with. In the way of review share what blessing(s) from these chapters is most special to you.
4. Read Ephesians 2:1-7 and discuss how the description of who we were and now are ought to affect our appreciation of God's blessings in our lives.
5. In the first three chapters of Ephesians there is only one command given. What is this command? (see Ephesians 2:11)

- 6.** Pastor Kurt insisted that Eph. 4:1 serves as a beacon warning all not to pass into the practical application section of Ephesians without first recalling the immensity of the blessing which God has blessed us with.
- a.** Discuss the possible dangers of serving to earn what has been given to us in Christ.
 - b.** Discuss how remembering all that God has done for us helps us serve Him with joy.
- 7.** Look up the following verses and record what they tell us about how we ought to walk (live our lives) as Christians.
- a. Eph. 4:1 _____
 - b. Eph. 4:17 _____
 - c. Eph. 5:2 _____
 - d. Eph. 5:8 _____
 - e. Eph. 5:15 _____
- 8.** According to Eph. 5:15-21 what are the ways in which we walk a wise walk?
- 9.** According to Eph. 5:21 how are we to relate to one another? In M_____ S_____.*
- a.** What thoughts and emotions does the idea of living in submission bring to your mind?
- 10.** In what ways are husbands and wives told to treat each other in Eph. 5:33?
- a.** A Husband is to L_____ his wife.
 - b.** A Wife is to R_____ her husband.

- 11.** Emerson Eggerichs uses the phrase crazy cycle to describe what happens when a couple neglects to love and respect one another. Have someone in the group describe this cycle. If someone feels comfortable doing so, have them give an example of how they got into a crazy cycle and how they in turn got out of it.
- 12.** According to Eph. 5:22-24 how are wives to respect their husbands?
- 13.** According to Eph. 5:25 how are husbands supposed to love their wives?
- 14.** Which of these biblical commands discussed in questions 12 and 13 seems more difficult?
- 15.** What does Eph. 5:28-30 give as one reason why husbands should love their wives?
- a. As verse 31 makes clear, husbands and wives are made one flesh by God. In light of this does it follow that verses 28-30 also applies to how wives treat their husbands?
- 16.** According to author Gary Chapman each one of us receives love or respect in different ways. Discuss which one of Chapman's love languages listed below best describes how you receive love or respect.
- a. Words of Affirmation
 - b. Quality Time
 - c. Receiving Gifts
 - d. Acts of Service
 - e. Physical Touch