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EPHESIANS



~Sermon Notes~

Walking in New Life

Ephesians 4:1, 4:17, 5:2, 5:8 & 5:15

life groups
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(Life Group questions begin on next page)

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~Life Group Questions~
Walking in New Life

Ephesians 4:1, 4:17, 5:2, 5:8 & 5:15

- 1.** Is there anything that particularly caught your attention, confused or challenged you as a result of hearing Sunday's sermon?
- 2.** Read the story of the lame beggar from Acts 3:1-10. Share a time when you responded to God's goodness by "walking and leaping and praising God."
- 3.** According to Ephesians 2:1-3 in what manner did we walk before "being made alive with Christ?"
- 4.** According to Ephesians 2:10, as those saved by grace through Christ's faithfulness, how are we now free to walk?
- 5.** Read Romans 6:3-7. From these verses what do you learn about walking in newness of life?
- 6.** What does Ephesians 4:1 tell us about how we are supposed to walk?
 - a.** What does the paragraph that follows (4:1-16) tell us is the first way we can walk in a manner worthy of the Lord?
- 7.** Ephesians 4:17-19 tells us how we are not to walk. Read these verses and craft from them a positive description of how we are supposed to walk.

8. Discuss what Jesus had to say, in the verse below, about the deceitfulness of greedy pleasure.

Luke 12:15

And He said to them, "Beware, and be on your guard against every form of greed; for not *even* when one has an abundance does his life consist of his possessions."

9. What do Ephesians 4:22 and 24 tell us about the proper attire for a successful walk with Christ?
- a. Read Colossians 3:12-14. In the space below record the Christ-like attire these verses tell us we are to put on.

- b. If you had to go out of the house dressed in only one of these, which would it be?

10. How are we told to walk in Ephesians 5:1-2?

- a. The issue of greed is re-introduced in verses 3 & 5. What does Jesus say about greed in Matthew 6:24?

Matthew 6:24

"No one can serve two masters; for either he will hate the one and love the other, or he will hold to one and despise the other. You cannot serve God and mammon."

11. How are we told to walk in Ephesians 5:8?

- a. What does verse 11 tell us the outcome of walking in light ought to be?

- b.** What does Jesus say in Matthew 5:14-17 about His followers being light?

Matthew 5:14–16

¹⁴ “You are the light of the world. A city set on a hill cannot be hidden.¹⁵ Nor do *men* light a lamp, and put it under the peck-measure, but on the lampstand; and it gives light to all who are in the house.¹⁶ Let your light shine before men in such a way that they may see your good works, and glorify your Father who is in heaven.”

- 12.** What is another way we can walk in a manner worthy of the Lord according to Ephesians 5:15?
- a.** What does verse 16 state as our motivation to walk in a wise way?
- b.** In what way are the days evil? Keep in mind that this was written nearly 2000 years ago. Because of this, though your answer might consider current events, it must include more than consideration of current events.
- 13.** Verse 18 tells us two different ways we might walk, one negative, and the other positive. What are they?
- a.** Why do you think Paul discusses drunkenness in parallel with being filled with God’s Spirit?
- b.** What are the five characteristics of one who is filled with the Spirit listed in verses 19-21? In which area are you most strong? In which area would you like to see improvement?