

studies from
EPHESIANS



~Sermon Notes~

Walking in Faith
Ephesians 6:10-20

life groups
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(Life Group questions begin on next page)

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~Life Group Questions~
Walking in Assurance
Ephesians 6:10-20

1. Is there anything that particularly caught your attention, confused or challenged you as a result of hearing Sunday's sermon?
2. According to Revelation 12:11 (see below) the testimony of our salvation has tremendous power in overcoming the schemes of our adversary. Because of this, it is always encouraging to share our testimony and to hear the testimonies of others. Take a moment and have a few people from the group share the testimony of their salvation.

Revelation 12:11

And they overcame him because of the blood of the Lamb and because of the word of their testimony, and they did not love their life even when faced with death.

3. In the way of review, share one thing you have learned about or have been reminded of concerning the first four pieces of the Armor of God.
4. When you hear the phrase *head shot* what is the first thought that comes to your mind. If your answer is "a photograph of someone from their shoulders up," try again.
5. Why do we wear helmets?

6. The very idea that there is such a thing as the helmet of salvation tells us that there is a need for us to be saved. According to Ephesians 2:1-3, what are some of the things that we have been saved from?
7. Why do you think the Bible commands us to remember what we have been saved from (see Ephesians 2:11-13)?
8. Putting on the helmet of salvation not only reminds us that we have been saved from sin and death but also that we have been given eternal life. How has the assurance that you will live forever with God affected your life?
9. Answering the previous question in a biblical way must include the idea of sacrificing your time, treasure and talents. How do the following verses encourage you in your sacrifices to further God's kingdom?

2 Timothy 1:12

For this reason I also suffer these things, but I am not ashamed; for I know whom I have believed and I am convinced that He is able to guard what I have entrusted to Him until that day.

1 Corinthians 9:24-25

²⁴ Do you not know that those who run in a race all run, but only one receives the prize? Run in such a way that you may win. ²⁵ Everyone who competes in the games exercises self-control in all things. They then do it to receive a perishable wreath, but we an imperishable.

- 10.** When we put on the helmet of salvation we gird our minds with confidence that whatever we sacrifice for God's kingdom is an investment in eternity. How do the words of Jesus recorded in the passage below encourage you in your sacrifice?

Matthew 6:19-21

¹⁹ "Do not store up for yourselves treasures on earth, where moth and rust destroy, and where thieves break in and steal. ²⁰ "But store up for yourselves treasures in heaven, where neither moth nor rust destroys, and where thieves do not break in or steal; ²¹ for where your treasure is, there your heart will be also.

- 11.** There are times when we do not strap our helmet of salvation on tightly and we get rocked with doubt concerning our sacrifices in this life. Peter and the other disciples also had times like this. Read Matthew 19:27-30 and discuss how Jesus answered their doubt.
- 12.** Pastor Kurt insisted that the helmet of salvation not only gives us the confidence to live sacrificially, it also gives us the fortitude to die courageously. Read the following passages and discuss what they tell us about the death of a person who has taken up the helmet of salvation: John 11:25-26, Philippians 1:21-24; 3:20-21, 1 Thessalonians 4:13.
- 13.** If you were to write out a paragraph concerning your eternal destiny to be read at your funeral, what would it say?