



Genesis 2:1-3
Enter His Rest
Life Group Questions
4.2-8.2017

- 1)** What principles or insights from Sunday's sermon did you find to be...
- a)** most helpful
 - b)** most challenging
 - c)** most troubling
 - d)** Why?

2) In Genesis 1:31 and 2:1, we read that God had completed all that He had made, and it was "very good." Share with the group something that you would like to be able to finish and then sit back and say "that is very good." Don't limit your answer to your ability, or the time you might have for the task.

3) Read the following quote and discuss why God "rested...from all the work which He had done?" (See verse 2:2)

The creation drama does not flow on in ceaseless activity. Creation moves toward rest. This "rest" is not the rest of one who is exhausted. Creation rest describes the rest of one who is satisfied, one who looks at the world saying, "Behold, it is very good." To talk about God at rest is to talk about a loving God. Never ceasing, never satisfied, never finding time for any creature does not characterize a loving God.

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4) Read the Ten Commandments from Deuteronomy 5:6-21 and discuss which of the Commandments you feel are not applicable to the New Testament Church, which is not under the covenant of law keeping but the covenant of grace.

5) Discuss the benefits of keeping a Sabbath Day of rest in the rhythm of your life.

6) What place should we give corporate worship to our Sabbath day of rest?

7) How does the combination of a Sabbath day's rest and corporate worship serve to adjust what we place as priorities and pursuits the other six days of the week?