



~Life Group Questions~

Walking in Strength

Ephesians 6:10-20

1. Share an experience when your physical or emotional strength gave out on you at an unfortunate time.
2. Is there anything that particularly caught your attention, confused or challenged you as a result of hearing Sunday's sermon?
3. Read Ephesians 6:10-20 noting the words and phrases that indicate this passage is addressing spiritual warfare.
4. Discuss one or two things from this passage that are of particular interest to you.
5. General Dwight Eisenhower once said (source unknown), "War is a terrible thing. But if you're going to get into it, you've got to get into it all the way." On the scale below indicate how engaged you perceive yourself to be in spiritual warfare on a daily basis.

1 2 3 4 5 6 7 8 9 10

Not engaged

Extremely engaged

6. How can a Christian become more attune to the reality of spiritual conflict?
7. Discuss the danger of the extremes in our understanding of spiritual warfare highlighted in the following quote by C.S. Lewis. Which extreme do you find most diabolical?

"There are two equal but opposite errors into which our race can fall about the devils. One is to disbelieve their existence. The other is to believe, and to feel an excessive and unhealthy interest in them."
8. How can we grow wise in understanding Satan's schemes?
9. What do you believe is Satan's most often/effective used scheme in distracting the North American church?

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10. Pastor Kurt shared three lies that Satan often uses to choke out spiritual fruit from our lives; they are 1) We can do more, 2) We can have more and 3) We deserve more.

- a. Read the parable of the sower found in Matthew 13:3-9 and its explanation found in 13:19-23.
- b. To which of these soils do these three lies most closely correspond?
- c. To which soil does your spiritual life most closely correspond?
- d. What can you do to amend the soil of your spiritual life so that can begin to bear more fruit?